

WHO

Players 2nd-11th Grade
Boys & Girls with a strong
level of confidence with the
basketball.

WHEN

Wednesdays

May 5th, May 12th, May
19th, May 26th
5:30pm-6:30pm

WHERE

**Advocate Condell
Centre Club-Gurnee**
1405 N. Hunt Club Rd.,
Gurnee, IL. 60031

COST

\$170

Make checks payable to
Optimum Performance

OPTIMUM PERFORMANCE ALL-AROUND SPRING SKILLS FAR-NORTH 2021



**WEDNESDAYS MAY 5TH, 12TH, 19TH, 26TH
ADVOCATE CONDELL CENTER CLUB**

Fine-tune your skills and during your school, feeder and travel teams winter seasons. This four-week camp will help sharpen basketball fundamentals like shooting, passing, and dribbling while covering advanced-level concepts and strategies including:

Game flow & decision making ▪ Smart shot selection ▪
Understanding the screen and roll ▪ Effective use of draw and kick
situations ▪ Moving without the basketball ▪ Developing a high
basketball IQ

Drills will help build control, speed, strength, stamina and the
CONFIDENCE to handle the basketball in a variety of ways and
game situations.

All players need to bring
their own basketball each
session

SPACE IS LIMITED

Only the first 30 players to
confirm attendance will be
accepted.

Pre-register at:
illinoiscentralelite.com



Please pre-register online at illinoiscentralelite.com or contact
info@illinoiscentralelite.com / 847-962-0050.