

WHO

2nd-11th Grade Girls & Boys
Moderate to Advanced
Skill Level

WHEN

Mondays
May 1st, 8th, 15th, 22nd
7:00pm-8:00pm

WHERE

LoVerde Recreation Center
7847 N Caldwell Ave., Niles

COST

\$150 for 4-Week Camp

Pay with cash or checks payable
to Optimum Performance.
All Players must pay \$5 at the
front desk each day along with
registration fee.

OPTIMUM PERFORMANCE BALL HANDLING & FINISHING SCHOOL CAMP SPRING 2023



**MONDAYS
MAY 1ST, 8TH, 15TH, 22ND
LOVERDE REC CENTER**



This OP Camp will focus on ball handling and finishing! Although we work on finishing at the rim, this camp will focus on attacking the basket in transition as well as in the half court. Understanding angles, floaters, strong finishes, opposite hand finishing on the strong side giving players the reasons and situations in which these creative moves are needed and best used, as well as many more creative moves.

All Players Should Bring Their Own Basketballs!

ABOUT THE TRAINER

Octavius Parker has been an AAU coach and primary trainer for over 15 years and has experience working with young athletes of all ages and skill levels. He has trained many elite basketball players on the high school, college and professional circuit. His company, Optimum Performance, focuses on training that develops skills along with mentoring / educating young athletes on the proper ways to view different basketball situations so that they can progress and compete at the highest levels.



Please pre-register online at illinoiscentralelite.com or send
an email to optimump24@icloud.com.

You may pay at the first session – For more information call 847-962-0050