

WHO

2nd-11th Grade

Boys & Girls with a strong level of confidence with the basketball

WHEN

MON- TUE - WED

April 6th, 7th, 8th
9:30am-10:30am

WHERE

LoVerde Sports & Rec Ctr

7847 N Caldwell Ave
Niles, IL 60714

COST

\$80 (daily pop-in fee \$40)

Make checks payable to
Optimum Performance

OPTIMUM PERFORMANCE

SPRING BREAK CAMP 2026



**MONDAY APRIL 6th, TUESDAY APRIL 7th
& WEDNESDAY APRIL 8th AT LOVERDE
RECREATION CENTER**

This OP Camp will focus on ball handling and finishing! Although we work on finishing at the rim, this camp will focus on attacking the basket in transition as well as in the half court:

Game flow & decision making ▪ Smart shot selection ▪ Understanding the screen and roll ▪ Effective use of draw and kick situations ▪ Moving without the basketball ▪ Developing a high basketball IQ

Drills will help build control, speed, strength, stamina and the CONFIDENCE to handle the basketball in a variety of ways and game situations.

All players need to bring their own basketball each session

**REGISTER NOW!
SPACE IS LIMITED**

Only the first 30 players to confirm attendance will be accepted.



Please pre-register online optimump24@icloud.com. You may pay at the first session – For more information call 847-962-0050